



CIFA Regional Symposium & MSF Asian Family Conference 2022

Date: 8 to 10 November 2022
Venue: Hilton Singapore Orchard Hotel, Singapore
Theme: Empowering Asian Families: Embracing Challenges & Building a Better Future

About the Conference

The Singapore Ministry of Social and Family Development (MSF), the National University of Singapore Social Work Department and the Consortium of Institutes on Family in the Asian Region (CIFA) are co-hosting the CIFA Regional Symposium & MSF Asian Family Conference 2022 on 8 to 10 November 2022.

The conference aims to further the policy-research-practice nexus on Asian Families by providing a platform for policymakers, researchers and practitioners from Asia to come together to dialogue and exchange knowledge on strengthening Asian families.

Themed 'Empowering Asian Families: Embracing Challenges & Building a Better Future', the objectives of the CIFA Regional Symposium & MSF Asian Family Conference 2022 are to:

- Enhance our understanding of effective family service models that empower and support families;
- Deepen knowledge on challenges faced by Asian families and its impact on family wellbeing and resilience as well as child outcomes;
- Learn strategies for better policy-making, programme development and implementation to strengthen marriages and family relationships in Asia;
- Build networks with academics, practitioners and implementers throughout Asia

Programme

Our Keynote Speakers

Mr. Derek McCormack (Director, Australia Raising Children Network)

“Strong Families: The Whats, Whys and Hows”

Our opening keynote will shed light on Strong Families – (i) what they are; how they work, (ii) why are they important, and (iii) how can policymakers, practitioners and researchers work together to study, support and strengthen/build strong families.

Prof. Daniel Shek (Associate Vice President, Chair Professor of Applied Social Sciences, The Hong Kong Polytechnic University)

“Family Policies in Empowering Families in meeting the Challenges of COVID-19”

Prof. Shek will be sharing on how family resilience protects family well-being from the negative impact of COVID-19 stressors. While macro policies to meet the challenges under COVID-19 are valuable, Prof Shek will share how building up family resilience can help to empower families.

More details on registration and programme will be available soon.

Call for Abstracts

We invite you to participate in our call for abstracts, to present your research papers at our conference.

Timeline (Extended)

New Abstract submission deadline: **30 June 2022**

New Abstract acceptance notification: **15 July 2022**

Presentation Types:

- Oral presentation (15-20 minutes)
- Poster presentation

* The official language of the CIFA Regional Symposium & MSF Asian Family Conference 2022 is English. All selected papers have to be presented in English.

Themes

1. Innovations, Inspirations & Sustainability of Asian Family Services
 - 1.1 Innovative programmes/services
 - 1.2 Pilot studies
 - 1.3 Programme evaluation
2. Changing Asian Families in the New Era
 - 2.1 Children and Adolescents: Growth, Development and Special Needs
 - 2.2 Work-Life Balance
 - 2.3 Marriage, Divorce and Re-marriage
 - 2.4 Culturally diverse families
3. Good Family Practices
 - 3.1 Parenting & Parenthood
 - 3.2 Family Relations and Family Cohesion
 - 3.3 Elder Care and Intergenerational Support
4. Globalisation and Asian Families
 - 4.1 Family Health, Mental Health and Resilience
 - 4.2 ICT Age: Impact on Family Life and Opportunities
5. Family Research and Policy Impact
 - 5.1 Improving Family-oriented Ecosystems
 - 5.2 Enhancing Social Support Systems
 - 5.3 Preventive Measures and Early Interventions

Guidelines of Abstracts

1. The abstract should be a maximum of 200 words **in English**, without any figure or table.
2. Please list at least three and no more than five key words
3. Indicate the type of focus:
 - Research (e.g. presentation of original research findings)
 - Practice (e.g. description of a promising new and innovative intervention)
 - Policy/Education (e.g. description of a new policy or initiative)
4. All abstract and full papers should **NOT** be previously published.
5. Research paper should include the title, background, rationale, research methods, results, and conclusion based on scientific procedure.
6. Please limit your submission to no more than two abstracts as the first author or three abstracts as the co-author of your most up-to-date and relevant works.
7. All abstracts should be submitted to **both** cifasecretariat@gmail.com and Yuvaranjini_MATHIAZAKAN@msf.gov.sg via the Abstract Submission form.

Sample

ABSTRACT

(Word limit: 200 words)

Title

The Effect of Family-based Mindfulness Intervention on Children with Attention Deficit and Hyperactivity Symptoms and Their Parents

Authors/Position/Organisation/Country/Region

LAST NAME, First Name / Assistant Professor / XX University / Hong Kong

Abstract

In Hong Kong, 4% of children are suffering from Attention Deficit Hyperactivity Disorder (ADHD). Their parents report higher level of stress and more negative parenting styles. A Family-Based Mindfulness Intervention (FBMI) is developed to manage the ADHD symptoms of children and the well-being of the family. The objectives of the project are to improve family well-being and examine the effectiveness of FBMI.

A multi-center, 8-week, wait-list randomised controlled trial of FBMI is being conducted in Hong Kong. The effectiveness is examined by comparing the groups receiving treatment to a wait-list control group. 85 of children at age of 5 to 7, with ADHD symptoms and their parents are recruited.

Results of the repeated measure ANOVA showed that 85 families after the program had significant improvements in child ADHD symptoms ($F[1, 83] = 12.02, p = .00$), behavioral problems ($F[1, 83] = 6.24, p = .01$), and parental stress ($F[1, 83] = 9.09, p = .00$), and children after FBMI program were found to have significant improvement in ADHD symptoms and behavioral problems. Parental stress was reduced. Further studies may examine the application of FBMI in other age groups and target population, and may compare the outcome with other intervention approaches.

Keywords

ADHD, family-based intervention, mindfulness

Themes

Families with Special Needs
Focus
Research

Presenter information

The following information should be submitted for the presenter(s): LAST NAME, first name / Highest Degree / Designation / Affiliation / Country/ e-mail address.

If your abstract is accepted, you will be asked to submit a brief biographical statement for the book of published abstracts.

Review process

Abstract proposals will be evaluated through a blind peer review. The review will look at the clarity of content, quality, and rigour, interest, and usefulness of content to conference attendees.

The Scientific Committee of the CIFA Regional Symposium & MSF Asian Family Conference 2022 will review all the abstracts and decide the acceptance of paper for either oral or poster presentation. The Scientific Committee also reserves the right to make the final determination regarding the classification of your presentation in terms of the relevant track and focus (research, practice, policy/education).

Queries

For questions and additional information, please contact Conference Secretariat at mail cifasecretariat@gmail.com or [Yuvaranjini MATHIAZAKAN@msf.gov.sg](mailto:Yuvaranjini_MATHIAZAKAN@msf.gov.sg).